



Physical Education Grade 1 Relationships				
OUTCOMES	1 – Little Evidence With help, I understand parts of the simpler ideas and do a few of the simpler skills.	2 – Partial Evidence I understand the simpler ideas and can do the simpler skills. I am working on the more complex ideas and skills.	3 – Sufficient Evidence I understand the more complex ideas and can master the complex skills that are taught in class. I achieve the outcome.	4- Extensive Evidence I have a deep understanding of the complex ideas, and I can use the skills I have learned in situations that were not taught in class.
1.9 Safety and Cooperation Demonstrate, with little or no support, safe and cooperative behaviors while participating in physical education activities.	<ul style="list-style-type: none"> • With extensive guidance, I follow some rules, routines, and safety procedures in some movement activities. • With extensive guidance, I can demonstrate or practice the safe use OR care of equipment. • I recognize when my actions have put myself, other people, or equipment in danger only with extensive guidance. 	<ul style="list-style-type: none"> • I follow some rules, routines, and safety procedures in some movement activities. • I can demonstrate or practice the safe use OR care of equipment. • I sometimes recognize when my actions have put myself, other people, or equipment in danger. 	<ul style="list-style-type: none"> • I follow rules, routines, and safety procedures in various movement activities. • I can demonstrate AND practice the safe use AND care of equipment. • I recognize when my actions have put myself, other people, or equipment in danger. 	<ul style="list-style-type: none"> • I consistently follow rules, routines, and safety procedures in various movement activities, and encourage others to do the same. • I consistently demonstrate and practice the safe use and care of equipment, and help others. • I recognize when my actions have put myself, other people, or equipment in danger, and I make make a decision to change my behavior.
1.10 Relationships Communicate and demonstrate an understanding of self-	<ul style="list-style-type: none"> • With extensive guidance, demonstrate good manners and fair play while participating in movement activities. 	<ul style="list-style-type: none"> • I occasionally demonstrate good manners and fair play while participating in movement activities. 	<ul style="list-style-type: none"> • I frequently demonstrate good manners and fair play while participating in movement activities. 	<ul style="list-style-type: none"> • I consistently and independently demonstrate good manners and fair play while participating in movement activities.



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control, a consideration for others, and a respect for differences among people (e.g., abilities, interests, likes and dislikes, gender, culture) while participating in physical education settings.	<ul style="list-style-type: none">• With extensive guidance, I display a willingness to share ideas, space, objects and equipment while participating with others.	<ul style="list-style-type: none">• I occasionally display a willingness to share ideas, space, objects and equipment while participating with others.	<ul style="list-style-type: none">• I frequently display a willingness to share ideas, space, objects and equipment while participating with others.	<ul style="list-style-type: none">• Consistently and independently, I display a willingness to share ideas, space, objects and equipment while participating with others.